lachelé
AESTHETICS & WELLNESS

Laser Hair Reduction Pre Treatment Instructions

Please shave the area to be treated on the day of your treatment. Shaving is permitted during the course of your treatment. **DO NOT wax, tweeze, or do electrolysis to treated areas during the entire course of your laser treatment. Do not use hair removal cream**. It will prevent you from achieving your best results.

Avoid sun exposure and/or tanning beds to the area to be treated. **Sun exposure must be avoided in the treated area for at least 2 weeks prior** to your appointment, and for the duraiton of your series. There should not be a tan in the area of treatment. **Do not use self tanners** during this time, **including spray tans, tanning lotions, tanning beds,** or other artificial tanning methods. Natural or artificial tans can affect your results after treatment or cause burns and or scarring.

If treating areas on the face, please **STOP** the following cosmetic products **72 hours before treatment: Retin-A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid, Hydroquinone, exfoliation or any retinol product.**

Please arrive to treatment with **clean skin, free of makeup, lotion, and other products.** Also, **remove all jewelry or piercings** from the treatment area(s).

No Accutane (*Isotretinoin*) within the last year.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694.
You can also email us at team@lachele.com